



Top: The pool area at the Hotel Excelsior; Bottom: A view from Radisson Blu Split

LOCAL SKINCARE IN CROATIA

Two treatments with ingredients that are unique to the area

HOTEL EXCELSIOR

Wild Chestnut Body Mask

Perched on a cliff's edge just outside Dubrovnik's UNESCO-protected Old Town, Hotel Excelsior, founded in 1913, is a treasure. With sweeping views of the Adriatic Sea and the Old Town's breathtaking medieval fortress, the landmark hotel has hosted famous guests from Queen Elizabeth II to Elizabeth Taylor.

The 2,800-square-foot Energy Clinic at Hotel Excelsior offers all-natural Croatian-made treatments from Esensa Mediterana, only available in Croatia. The new Lavanda 75-minute Detox includes a lavender and rosemary body mask with lavender harvested from the Dalmatian island of Hvar. Guests then receive a massage with foot reflexology, followed by a body mask made from wild chestnuts, which help strengthen the walls of the blood vessels.

The property boasts two Jacuzzi whirlpools, three saunas (Finnish, Roman and a steam bath), and an outdoor saltwater pool where guests can enjoy panoramic views of the sea. At the end of this year, the property will undergo a renovation from November 1st, 2016 until May 1st, 2017. adriaticluxuryhotels.com

—Kristin Vukovic

RADISSON BLU HOTEL

Volcanic Thermal Stone Ritual

Situated in Split, on Croatia's picturesque Dalmatian Coast, the modern, 250-room Radisson Blu Hotel in Split (with jaw-dropping views of the Adriatic Sea) offers guests beachfront access, three restaurants and the largest spa in town with 12 treatment rooms, two traditional Finnish saunas, a hydrotherapy pool, an 82-foot-long pool with jet stream, and a Japanese Onsen pool. At the sleek spa illuminated with calming, blue lighting, choose from locally-conceived treatments inspired by the region such as the Volcanic Thermal Stone Ritual using heated black basalt stones, an olive oil foot and hand massage, or a Dalmatia lavender hot oil massage. Other innovative don't-miss options include the detoxifying spirulina wrap for slimming and toning, and a deep marine purifying facial designed specifically for combination and congested skin. radissonblu.com

—Jennie Nunn